



ALPINE RECOVERY SERVICES INC.

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News and Notes on Treatment Services

Winter 2006

Did You Know?

As of January 2006, **Circle of Recovery** in Shoreline became a branch of **Alpine Recovery Services Inc.** We are now able to offer services in multiple locations to better serve the community. We will continue to offer quality chemical dependency treatment at both locations. Services provided include alcohol and other drug assessments, deferred prosecution services, divorce/custody evaluations, intensive outpatient, continuing care, relapse awareness, **Moral Reconciliation Therapy®**, substance abuse program, and Alcohol and Other Drug Information School. Appointments can be scheduled by contacting Dawn at **Circle of Recovery** at 206.542.1136, or Stefani or Teresa at **Alpine Recovery Services** at 360.658.1388.

What's Going On?

Alcohol and Other Drug Information School

Alcohol and Other Drug Information School is available on the first Saturday of each month at **Circle of Recovery** in Shoreline, and on the third Saturday of each month at **Alpine Recovery Services** in Arlington.

March 18	Alpine
April 1	Circle
April 15	Alpine
May 6	Circle
May 20	Alpine
June 3	Circle
June 17	Alpine
July 1	Circle
July 15	Alpine

To register, call 206.542.1136 or 360.658.1388.

Introducing...

Maynard Kielty, CDPT, and Edmund Smith, B.A., CDP

We are pleased to introduce Maynard Kielty, CDPT, who has been a part of our team at **Alpine Recovery Services** since 2004. Maynard has over two years of experience in the field of chemical dependency treatment. He recently moved to our Shoreline branch, **Circle of Recovery**, where he is in charge of our morning intensive outpatient program and several adult aftercare groups. Contact Maynard at 206.542.1136 or by email at maynard.kielty@alpinerecovery.com.

We are also pleased to welcome Edmund Smith, CDP, who joined **Alpine Recovery Services** in February. Edmund has worked in the field of chemical dependency for over six years. Edmund works at **Alpine Recovery Services** in Arlington and is in charge of one of our evening intensive outpatient programs and several aftercare groups. Edmund can be reached at 360.658.1388 or by email at edmund.smith@alpinerecovery.com. We are pleased to have both Maynard and Edmund on our team of dedicated professionals.

News to Use

Moral Reconciliation Therapy®

Moral Reconciliation Therapy (MRT®) is an objective and systematic treatment system designed to enhance ego, social, moral, and positive behavioral growth in a progressive, step-by-step fashion. MRT® attempts to change how drug abusers and alcoholics make decisions and judgments by raising moral reasoning. MRT® focuses systematically on seven basic treatment issues: confrontation of beliefs, attitudes and behaviors, assessment of current relationships, reinforcement of positive behavior and habits, positive identity formation, enhancement of self-concept, decrease in hedonism and development of frustration tolerance, and development of higher stages of moral reasoning. MRT® reeducates the person socially, morally, and behaviorally to instill appropriate goals, motivation, and values. Recent studies indicate that persons who attend and complete MRT® have a lower rate of relapse.

Alpine Recovery Services has offered MRT® since January 2003. The program is also available at **Circle of Recovery**.

To learn more, or to make arrangements for a client to attend, please call 360.658.1388, and ask for Ginnie Eburn.

Contact Information

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Thank you for considering **Alpine Recovery Services Inc.** and **Circle of Recovery** your source for quality, professional treatment.